

HRSA SPNS US/Mexico Border Health Initiative

Centro de Evaluación: US/Mexico Border Health Evaluation Center
San Ysidro Health Center, CA - El Rio Community Health Center, Tucson, AZ - Camino de
Vida, Las Cruces, NM - La Fe Clinic, El Paso, TX - Valley AIDS Council, Harlingen, TX

HISPANIC STRESS INVENTORY 9

SPNS Program:

Project sub-site:

Time:

 1 2 3

HRSA number (ALWAYS USE, if known):

Staff Person:

Date: (MM/DD/YY)

 / /

Please answer "yes" or "no" to the following situations that may have occurred to you during the last 3 months. Then if it did occur to you, indicate how worried or tense the situation made you feel. If the situation did not happen, answer "no" and skip to the next question.

Has this occurred to you in the past 3 months?

Not at all worried/tense

A little worried/tense

Moderately worried/tense

Very worried/tense

Extremely worried/tense

1. I have had serious arguments with my family members.

Yes No

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2. I have seen my son/daughter behave delinquently.

Yes No

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3. My family have not respected my authority the way they should.

Yes No

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4. Because my family is Latino, they have not been given the same opportunity as others.

Yes No

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5. I have felt as though I would never see some of my family members again.

Yes No

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6. I have put pressure on myself to provide more things for my family.

Yes No

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7. My partner has been drinking too much alcohol.

Yes No

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8. I worry that my children are using illegal drugs.

Yes No

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9. My partner has not been adapting to American life.

Yes No

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**Please
GO TO PAGE 2**

HRSA Number:

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HISPANIC STRESS INVENTORY PAGE 2

9

Has this occurred to you in the past 3 months?

Not at all worried/tense

A little worried/tense

Moderately worried/tense

Very worried/tense

Extremely worried/tense

10. Because I am Latino, it has been hard to get promotions or salary raises.

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Yes No

11. I have felt guilty about leaving family and friends in my home country.

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Yes No

12. Both my partner and I have to work.

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Yes No

13. I have felt that my partner and I have not been able to communicate.

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Yes No

14. My children have been drinking too much alcohol.

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Yes No

15. Because I don't know English, it has been difficult for me to interact with others.

1

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Yes No

16. I have felt unaccepted by others due to my Latino culture.

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Yes No

17. I fear the consequences of deportation.

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Yes No

18. My partner and I have had disagreements about who should control the household money.

1

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Yes No

19. Because of my poor English, people have treated me badly.

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Yes No

20. There has been physical violence among members of my family.

1

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Yes No

Please
GO TO PAGE 3

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HRSA Number:

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HISPANIC STRESS INVENTORY **PAGE 3**

9

Has this occurred to you in the past 3 months?

Not at all worried/tense

A little worried/tense

Moderately worried/tense

Very worried/tense

Extremely worried/tense

21. I have thought that my children want their independence before they are ready.

Yes No

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22. Because of American ideas about children, it has been difficult for me to decide how strict to be with my children.

Yes No

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23. Because I do not know English, it has been difficult to deal with day to day situations.

Yes No

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24. My legal status has been a problem in getting a good job.

Yes No

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25. Because of the lack of family unity, I have felt lonely and isolated.

Yes No

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26. I have felt that my children's ideas about sexuality are too liberal.

Yes No

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27. Members of my family have considered divorce as a solution to their marital problems.

Yes No

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28. I have been questioned about my legal status.

Yes No

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29. My legal status has limited my contact with family and friends.

Yes No

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30. Because of money problems, I have had to work away from family.

Yes No

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